

First Asian Conference for Frailty and Sarcopenia

Date: Nov 13-14, 2015

Venue: Evergreen International Convention Center **Room 801.802.803**

Address: No. 11, Zhongshan South Road, Taipei City, 100, Taiwan

Date: Nov 13, 2015

Conference Room: 801

Time	Topic	Speaker	Moderator
09:00-09:10	Opening Remarks	Dr Ming-Neng Hsu Vice Minister, Ministry of Health and Welfare, Taiwan	
09:10-09:20	Welcome Remarks	Prof Liang-Kung Chen Asian Working Group for Sarcopenia, Taiwan	
09:20-10:00	Health Promotion for Older People: a Focus on Frailty and Sarcopenia	Prof Shu-Ti Chiou Director-General, Health Promotion Administration, Ministry of Health and Welfare, Taiwan	Dr Ming-Neng Hsu Vice Minister, Ministry of Health and Welfare, Taiwan
10:00-10:40	Evidence-Based Intervention for Targeting Frail Older People	Prof Jean-Pierre Michel European Union of Geriatric Medicine Societies, Switzerland	
10:40-10:50	Discussion		
10:50-11:00	Coffee Break		
11:00-11:40	Association of Dietary Intake and Frailty in Taiwan	Prof Wen-Harn Pan Academia Sinica, Taiwan	Prof Liang-Kung Chen Professor, Aging and Health Research Center, National Yang Ming University Director, Center for Geriatrics and Gerontology, Taipei Veterans General Hospital, Taiwan
11:40-12:20	How the Asian Consensus for Sarcopenia Diagnosis Improve Research of Sarcopenia	Prof Masahiro Akishita Professor, Department of Geriatric Medicine, Graduate School of Medicine, The University of Tokyo, Japan	
12:20-12:30	Discussion		
12:30-13:30	Lunch		

Parallel Session A: Epidemiology of Frailty and Sarcopenia in Asia

Date: Nov 13, 2015

Conference Room: 802

Time	Topic	Speaker	Moderator
13:30-14:00	Screening Tool for Sarcopenia in Community-living Older People	Prof Jean Woo Head, Division of Geriatrics, Department of Medicine and Therapeutics The Chinese University of Hong Kong, Hong Kong	Prof Masahiro Akishita Professor, Department of Geriatric Medicine, Graduate School of Medicine, The University of Tokyo, Japan
14:00-14:30	Sarcopenia and Comprehensive Geriatric Assessment	Prof TieMei Zhang Deputy Chief , Beijing Institute of Geriatrics, Ministry of Health , China	
14:30-15:00	Trajectory and Associated Factors for Frailty in Taiwan	Prof Hui-Chuan Hsu Professor, Asia University, Taiwan	
15:00-15:30	Sarcopenia in Malaysia: Comparisons Between Urban and Rural Older People	Dr Shahrul Bahyah Kamaruzzaman Associate Professor Department of Medicine, Faculty of Medicine, University of Malaya, Malaysia	
15:30-15:40	Discussion		
15:40-15:50	Coffee Break		
15:50-16:20	Association of Teeth Number and Muscle Mass among Korean Older People	Prof Chang Won Won Professor and Head, Department of Family Medicine, Kyung-Hee University Hospital, Seoul, Korea	Prof Jean Woo Head, Division of Geriatrics, Department of Medicine and Therapeutics The Chinese University of Hong Kong, Hong Kong
16:20-16:50	Dynapenia, Body Composition and Care Complexity of Older People Living in the Retirement Community	Dr Ming-Yueh Chou Director, Division of Geriatric Integrated Care, Center of Geriatrics and Gerontology, Kaohsiung Veterans General Hospital, Taiwan	
16:50-17:20	Association of Frailty, Falls, Osteoporosis and Sarcopenia among Community-Dwelling Older People	Dr Li-Kuo Liu Attending physician, Center for Geriatrics and Gerontology, Taipei Veterans General Hospital, Taiwan	
17:20-17:30	Discussion		

Parallel Session B: Frailty, Sarcopenia and the Clinical Implications

Date: Nov 13, 2015

Conference Room: 803

Time	Topic	Speaker	Moderator
13:30-14:00	Epidemiology of Sarcopenia in Korea and Its Association with Cardiometabolic Risk	Dr Kyoungmin Kim Seoul National University Budang Hospital, Korea	Prof Chang Won Won Professor and Head, Department of Family Medicine, Kyung Hee University Hospital, Seoul, Korea
14:00-14:30	Serum ICAM-1 as the Independent Predictive Factor for Frailty and Related Mortality	Dr Wei-Ju Lee Chief, Division of Geriatric Medicine, Taipei Veterans General Hospital, Yuanshan Branch, Taiwan	
14:30-15:00	Association of Serum Vitamin D and Osteosarcopenic Obesity	Prof Yunhwan Lee Professor, School of Medicine Director, Institute on Aging, Medical Center, Ajou University, Korea	
15:00-15:30	Association of IGF-1 with Bone Mineral Density, Muscle Mass and Physical Performance	Dr Liang-Yu Chen Attending physician, Center for Geriatrics and Gerontology, Taipei Veterans General Hospital, Taiwan	
15:30-15:40	Discussion		
15:40-15:50	Coffee Break		
15:50-16:20	Association of Frailty and Urinary Incontinence among Hospitalized Older Patients	Dr Li-Ning Peng Chief, Division of Geriatric Medicine, Center for Geriatrics and Gerontology, Taipei Veterans General Hospital, Taiwan	Prof TieMei Zhang Deputy chief , Beijing Institute of Geriatrics, Ministry of Health , China
16:20-16:50	Quantitative Analysis of Physical Activities in Chinese by Aging	Dr Ping Zeng Beijing Institute of Geriatrics, China	
16:50-17:20	Association of Cardiometabolic Risk in Frailty and Sarcopenia	Dr An-Chun Hwang Attending physician, Center for Geriatrics and Gerontology, Taipei Veterans General Hospital, Taiwan	
17:20-17:30	Discussion		

Parallel Session C: Frailty, Sarcopenia and Mental Health

Date: Nov 14, 2015

Conference Room: 802

Time	Topic	Speaker	Moderator
09:00-09:30	Association of Frailty and Cognitive Impairment among Community-Dwelling Older People	Dr. Yi-Hui Wu Attending physician, Center for Geriatrics and Gerontology, Taipei Veterans General Hospital, Taiwan	Prof Pei-Ning Wang Taipei Veterans General Hospital, Taiwan
09:30-10:00	Cerebellum as a Potential Etiology of Physical Frailty?	Prof. Wei-Ta Chen Taipei Veterans General Hospital, Taiwan	
10:00-10:30	Association of Sarcopenia, Dynapenia and Cognitive Impairment among Community-dwelling Older People	Dr. Chung-Yu Huang Attending physician, Center for Geriatrics and Gerontology, Taipei Veterans General Hospital, Taiwan	
10:30-10:40	Discussion		
10:40-10:50	Coffee Break		
10:50-11:20	Sleep, Cognitive Decline and Skeletal Muscle	Dr Tung-Wai Auyeung Hong Kong Chinese University, Hong Kong	Dr Chih-Cheng Hsu Institute of Population Health Sciences, National Health Research Institute, Taiwan
11:20-11:50	Association of Frailty, Sarcopenia and Life Satisfaction	Dr. Chih-Hsing Wu National Cheng Kung University Hospital, Taiwan	
11:50-12:20	Mobile eHealth for Assessment of Frailty and Cognitive Function	Prof Po-Lun Chang Institute of Biomedical Informatics, National Yang Ming University	
12:20-12:30	Discussion		
12:30-13:30	Lunch		

Parallel Session D: Aging Biology of Frailty, and Sarcopenia

Date: Nov 14, 2015

Conference Room: 803

Time	Topic	Speaker	Moderator
09:00-09:30	Role of Cisd2 Gene on Frailty and Sarcopenia	Prof Ting-Fen Tsai Professor, Department of Life Sciences and Institute of Genome Sciences, National Yang Ming University, Taiwan	Prof Kung-Yee Liang President, National Yang Ming University
09:30-10:00	Neuromuscular Junction and Muscle Wasting	Prof Ao-Lin Hsu Professor, Institute of Biochemistry and Molecular Biology, National Yang Ming University, Taiwan	
10:00-10:30	Treating Sarcopenia and Related Wasting Conditions through the Blockade of Activin Type II Receptor	Dr Daniel Rooks Director and Senior Translational Medicine Expert, Novartis Institute for Biomedical Research	
10:30-10:40	Discussion		
10:40-10:50	Coffee Break		
10:50-11:20	Role of Nuclear Envelope Proteins in Muscle Cell Homeostasis	Dr Ya-Hui Chi National Health Research Institute, Taiwan	Prof Hsing-Jien Kung President, National Health Research Institute, Taiwan
11:20-11:50	Brain Connectivity and Frailty	Prof Ching-Po Lin Professor, Institute of Neuroscience, National Yang Ming University, Taiwan	
11:50-12:20	Association of Renal Function, Body Composition and Wasting Conditions	Prof Der-Cherng Tarn Chief, Division of Nephrology, Department of Medicine, Taipei Veterans General Hospital	
12:20-12:30	Discussion		
12:30-13:30	Lunch		

Date: Nov 14, 2015

Conference Room: 802 (90 人)

Time	Topic	Panelist	Moderator
13:30-14:30	Panel Discussion I: Sarcopenia Obesity: Is It There?	Prof Yunhwan Lee Professor, School of Medicine Director, Institute on Aging, Medical Center, Ajou University, Korea Dr Kyoungmin Kim Seoul National University Budang Hospital, Korea Prof Jean Woo Head, Division of Geriatrics, Department of Medicine and Therapeutics, The Chinese University of Hong Kong, Hong Kong Dr Shahrul Bahyah Kamaruzzaman Associate Professor Department of Medicine, Faculty of Medicine, University of Malaya, Malaysia	Prof Hidenori Arai Deputy Director, National Center for Geriatrics and Gerontology, Japan
14:30-15:30	Panel Discussion II: Cognitive Frailty: How to Define	Prof Pei-Ning Wang Taipei Veterans General Hospital, Taiwan Prof Ching-Po Lin National Yang Ming University, Taiwan Prof Hidenori Arai Deputy Director, National Center for Geriatrics and Gerontology, Japan Dr Chih-Kuang Liang Attending physician, Division of Geriatric Medicine, Center for Geriatrics and Gerontology, Kaohsiung Veterans General Hospital, Taiwan	Prof Liang-Kung Chen Asian Working Group for Sarcopenia
15:30-15:40	Coffee Break		
15:40-16:40	Panel Discussion III Osteosarcopenia: Do They Coexist?	Prof TieMei Zhang Deputy chief , Beijing Institute of Geriatrics, Ministry of Health , China Prof Jean Woo Head, Division of Geriatrics, Department of Medicine and Therapeutics, The Chinese University of Hong Kong, Hong Kong Prof Yunhwan Lee Professor, School of Medicine Director, Institute on Aging, Medical Center, Ajou University, Korea Prof Hidenori Arai Deputy Director, National Center for Geriatrics and Gerontology, Japan	Prof Chang Won Won Professor and Head, Department of Family Medicine, Kyung-Hee University Hospital, Seoul, Korea
16:40-17:10	Future Plans of Asian Frailty and Sarcopenia Research	Prof Hidenori Arai Deputy Director, National Center for Geriatrics and Gerontology, Japan Prof Liang-Kung Chen Asian Working Group for Sarcopenia	
17:10-17:20	Closing ceremony		