President's welcome message
Dear Colleague,
I am pleased to invite you to attend the 2nd Asian Conference for Frailty and Sarcopenia that will be held on November 4-5, 2016, in Nagoya, Japan.
The ACFS seeks to further research on frailty and sarcopenia to bring practical solutions to healthcare teams in Asia where population aging is more prominent than other continents. Since the 1st conference that took place in Taipei last year, over 200 participants from several Asian countries have attended the sessions. This year, over 20 international speakers will join together in Nagoya. The Scientific Committee has worked very hard to develop an impressive two-day program. The program has been designed in order to include both clinical and basic science tracks. We expect this 2nd Asian Conference to be a unique forum for all medical professionals dealing with frailty and sarcopenia in their disciplines and we look forward to meeting you in Nagoya.

Hidenori Arai, MD, PhD
Deputy Director, National Center for Geriatrics and Gerontology

Main Programs of the Conference

Preregistration from May 2nd to May 30th
Abstract submissions are open from May 2nd

Plenary lecture
Symposium

- Implication of oral function for frailty and disability
- Rehabilitation nutrition for sarcopenia with disability
- New modality for the diagnosis of sarcopenia
- Implication of cognitive assessment in frailty and sarcopenia
- Osteoporosis and sarcopenia in locomotive syndrome
- Frailty burden and public health

- Sarcopenia and frailty guidelines up-to-date
- Biology updates in sarcopenia and frailty
- Role of nutrition in frailty and sarcopenia
- Sarcopenia and frailty in clinical practice
- Clinical implication of sarcopenia and frailty
- Community Intervention for frailty

Poster presentations